

WOOD COUNTY PREVENTION COALITION MEETING MINUTES

May 16, 2014

Wood County Educational Service Center

10:00 AM-11:30 AM

MISSION STATEMENT: A network of professionals dedicated to serving as a clearinghouse and information exchange between prevention service providers and funders, promoting a greater knowledge of and open access to all Wood County Prevention Services. This community coalition membership embraces a collaborative and coordinated approach toward community action to reduce the number of youth and adults who engage in substance abuse and other risky behavior. We strive to create a community consensus that underage substance use is illegal, unhealthy, and unacceptable.

IN ATTENDANCE: Scott Acus (Behavioral Connections), Tim Atkins (Wood County Juvenile Prosecutor's Office), Greg Bonnell (Wood County Educational Service Center), Sandy Carsey (Job and Family Services), Kyle Clark (Wood County Educational Service Center), Tom Clemons (Wood County ADAMHS Board), Warren Fauver (Wood County Educational Service Center), Bill Ivoska (Evaluator, Wood County Educational Service Center), Mike Kipplen (Wood County Educational Service Center), Janelle LaFond (Children's Resource Center), Tonya Lenz (Wood County Educational Service Center), Lorrie Lewandowski (Wood County ADAMHS Board), Jeanine Lindquist (Wood County Educational Service Center), Linda Logue (Wood County Educational Service Center), Lisa Myers (Wood County Committee on Aging), Melissa Notestine (Wood County Educational Service Center), Rebecca Parker (Wood County Educational Service Center), Stacey Rychener (BGSU), Mary Short (Penta Career Center), Jim Snider (Wood County Educational Service Center), Greg Van Vorhis (Wood County Educational Service Center), Ben Pack (North Baltimore Local Schools), Cathy Glassford (Sandusky County FCFC), Kandy Current (BGSU), Judge Dave Woessner (Wood County Juvenile Court), Jane Lingenfelder (Wood County Educational Service Center), Kimberly Valpori (NAMI Wood County), Michelle Von Lehmden (HCNO), Karen Grayczyk (BGSU Wellness Center), Donna Schuessler (Eastwood Schools), Ann Huss (Children's Resource Center), Kristen Junga (Children's Resource Center), Scott Frank (Wood County Sheriff's Office)

Welcome: Kyle Kanuckel – “You are going to see some really exciting stuff. Being a newcomer, I've always been amazed at how this community comes together for our kids. That doesn't happen everywhere,” he said. “No one can take sole credit for what you are going to see. It's really is a collaboration.”

Introduction: Tim Atkins – “I have a pile of ADAMHS youth survey reports from every year. It's interesting to watch the trends. A lot of the information that we are going to see today, we use in a practical nature every day.”

Release of ADAMHS Youth Survey 2014 results: Bill Ivoska

“I ran the numbers and my first thought was ‘what's wrong,’” he said, noting that the results were surprising. “I looked at it and I came to realize that these results are valid.”

He noted that four factors affect ATOD use: Fear of harm, peer acceptance, access, research-based prevention programming. With that, he ran through a few of the survey results:

- 30-day cigarette use among 12th graders down from 27.2% in 2014 to 9.7% in 2014. It is also down from 15.2% last years SHAPES survey. “In 1990, it (12th grade 3-day cigarette use) was 45%, and now it's less than 10. Every single grade is lower than it ever has been.”
- 30-day e-cigarette use is up, but survey data does not specify if it is nicotine or flavors being used
- There has been an almost 9% drop in annual alcohol use among 12th graders since 2012.

- 30-day binge drinking among 12th graders is down almost 10% since 2012.
- There has been a 9% decline among 12th graders in annual marijuana use since 2012, which is against the national trend

ATOD Prevalence in Wood County 2012 to 2014

| | |
|--------------------|-----------|
| Cigarettes | ↓ |
| Alcohol | ↓ |
| Marijuana | ↓ |
| Cocaine | ↓ |
| Barbiturates | ↓ |
| Methamphetamines | ↓ |
| Steroids | No Change |
| Caffeinated Energy | ↓ |
| Methylphenidate | ↓ |
| Cough Medicine | ↓ |
| Ecstasy | No Change |
| Painkillers | ↓ |
| Inhalants | ↓ |
| K2 | ↓ |

The question is, WHY is everything down or no change? Are the issues related to drug and alcohol use consistent with that decline?

1. Attitude change

- A. Peer approval – Survey data shows that attitudes are changing – it’s not cool to smoke. There is lower approval for cigarette and alcohol use. Disapproval of marijuana use among 12th graders went UP.
- B. Fear of harm – Survey data shows fear of harm is going up for cigarettes and alcohol. As for fear of harm from marijuana, Ivoska says that the survey shows that students “don’t think it’s cool, but they don’t know if it’s bad or not.”

2. Mental Health – More kids are reporting that they have no problems. The numbers of kids reporting low, moderate, and intense problems are going down.

3. Suicide ideation and attempts both decreased overall since 2012.

4. Research methods – Liars (students claiming to use all drugs all of the time and students who say they have not used a specific drug in the last year, but said they used the same drug in the last 30 days), those who drew patterns on the Scan-Tron test, and incomplete tests were all thrown out.

Why the dramatic declines?

- The Wood County Educational Service Center offers 17 research-based programs in 8 school districts and Penta Career Center
- 59,046 students have been reached among those 17 research-based programs since the prevention program's inception in 2003-2004 school year

"We have reached one of our goals and we want to continue to reach the kids early and often," said Ivoska. "This is part of the reason these numbers are so good this year, but it is not the only reason."

The full report can be found at <http://bit.ly/1k0HHpJ>. The Power Point presented Friday can be found at <http://bit.ly/1h24w7v>.

Comments:

Lorrie Lewandowski –

"Prevention has changed over the last decade and today is based upon the Public Health multi-systemic approach. Local law has played an integral part in the decrease of at-risk behaviors through (alcohol) compliance checks, DARE programs in the schools and Resource officers on school sites .

In 2008, Wood County's binge drinking rate was higher than the national average. "It was not just a number," said Lewandowski. "It meant that our youth were engaging in behavior that could harm them. Based upon this data, we were awarded the *Reducing Alcohol Abuse in Secondary Schools Grant* that allowed us to implement programs and environmental strategies, still in place today. "

Parents also are part of the equation, and they are reached through parenting classes offered by the WCESC and CRC, as well as by the Parents Who Host Lose the Most and New Cool media campaigns, community events and Town Hall meetings

Jim Snider –

"There are drug dealers that will meet (just across the river in Lucas County) but they won't cross that line into Wood County, because they know that law enforcement and the court system won't put up with it."

Stacey Rychener –

The Safe Schools Healthy Students Initiative required a year of planning, so they were able to look for holes and needs in the existing system and to plan prevention programming and intervention such as Mental Health Counselors through the Children's Resource Center.

Bill Ivoska –

The conclusion is

- 1) Prevention works
- 2) Early and often

SPF/SIG Grant

Falcons Flock Together Media Campaign:

Karen Grayczyk, graduate assistant from the Bowling Green State University Wellness Connection said they are currently in the implementation phase of the Falcons Flock Together Media Campaign to reduce at-risk drinking on the BGSU campus and to help change the perception that all BGSU students drink (because they don't). Part of that campaign involves on-campus programming and events that are drug- and alcohol-free.

Roundtable:

Tom Clemons – “Prevention is critical. It saves time, it saves suffering, and it is very cost-effective,” he said. “We need to look at contributing factors that lead people to be vulnerable to substance abuse and mental health issues. We have started that with Dr. Sandra Bloom coming and the formation of a coalition for trauma-informed care.”

“Without local support, none of this could happen,” continued Clemons. “Wood County taxpayers have voted to continue not only one, but two tax levies. One of those comes up for renewal in November, and if we lose that, we will lose a lot of programming that we talked about today.”

Warren Fauver – “I’m excited to see that so many of the Safe Schools programs are going to continue in CLC’s Summer Stars program.” This year the program will be open Monday through Friday from 6:30 a.m. to 6 p.m. the entire summer. It provides a “nurturing, safe opportunity for the summer” in a learning environment.

Ann Huss - The Suicide Prevention program has expanded this year – 4 districts have signed on for next year. A Signs of Self-Injury program also has been requested.

Coalition’s 10-year-anniversary celebration:

Kyle Clark – “The investment that the ADAMHS Board has made and continues to make has provided a foundation to develop the Wood County Prevention infrastructure and to write and receive grants worth \$7 million,” said Clark. The coalition has achieved many accomplishments (listed on the last page of these minutes) in its 10 years and it is just getting started.

With that, he introduced Mr. B. Cool (video and photos have been posted on Facebook and can be viewed at https://www.facebook.com/WCESCPrevention?ref=br_tf)

The next Prevention Coalition meeting will be held September 19, 2014 at the Wood County Educational Service Center from 10-11:30

TEAM Together Everyone Accomplishes More

Additional Accomplishments

- 2004-2014 ADAMHS Youth Survey Results! Press Conferences.
- Raising awareness of current drug trends.
- The Wood County Prevention Coalition Resource Guide.
- Safe Schools Healthy Students Initiative.
- JDC prevention/intervention programming guided by program matrix
- Partnership with BGSU through the award of the Strategic Prevention Framework/ State Improvement Grant (SPF/SIG).
- Possibility of a Drug Free Community Grant to enhance the Wood County Prevention Coalition.

